



→ Start from St Albans Cricket Club, Hagley Oval, Riccarton Avenue by swiping your wristband or using the **POWERADE** Challenge app at the vending machine.

→ Head up to the corner of Riccarton and Deans Avenues - and swipe at checkpoint B.

→ Continue along Deans Ave to the corner of Deans and Moorhouse Avenues - then swipe at checkpoint C.

→ Head along Moorhouse Ave, then veer onto Hagley Ave to the corner of Hagley and Riccarton Avenues - and swipe checkpoint D.

→ Turn down Riccarton Ave and follow the course back to Checkpoint A at St Albans Cricket Club - Swipe at this halfway checkpoint.

→ Complete another full lap, swiping at each of the checkpoints again with a final swipe at Checkpoint A to log your time.



→ THE **POWERADE** CHALLENGE

Great to have you on board with the **POWERADE** Challenge 2018. Here's everything you need for run day.

Your blue **POWERADE** Challenge 2018 wristband is enclosed – this will log your run time and get you on to the **POWERADE** Challenge leaderboard. The running course opens on 8th October and closes 2nd December 2018. Please take the time to read through the safety information & course etiquette first, also enclosed.

THE CHRISTCHURCH COURSE

POWERADE Challenge 2018 Christchurch has a new course location this year. The **POWERADE** Challenge is an interactive 7.5km running course along South Hagley Park.

There is a map overleaf to help you find your way. To start the run, go to point A on the map and swipe your wristband or use the **POWERADE** Challenge app. The course can be run in either direction. To complete the course you'll need to run two laps in total, ensuring that you swipe your wristband or app at each checkpoint along the way and at the end.

VIEWING YOUR RUN TIME AND STATISTICS

To view your **POWERADE** Challenge times, visit www.powerade.co.nz and log in to your **POWERADE** Account. Here you'll be able to see your position on the **POWERADE** Challenge leaderboard. You can also check your run times and statistics on your phone by downloading the **POWERADE** Challenge app from the App Store or Google Play.

ARE YOU PART OF A TEAM YET?

Visit www.powerade.co.nz to find out how to set up a team and invite your friends, work colleagues and family members!

We've got some amazing prizes you could win by competing in the Challenge. From a Crusaders jersey to signed sports gear and more! So get ready to run and good luck out on the course.

The **POWERADE** Team

POWERADE[®]
CHALLENGE 
INTERACTIVE RUN 8 OCT - 2 DEC